

Erasmus + KA1 Mobility of Youth Workers



FOR-EX

9 - 15 February 2015

Sinop, Turkey



Erasmus+



TÜRKİYE ULUSAL AJANSI
TURKISH NATIONAL AGENCY



TÜRKİYE CUMHURİYETİ
AVRUPA BİRLİĞİ BAKANLIĞI



REPUBLIC OF TURKEY
MINISTRY FOR EU AFFAIRS



EPeKa

Türkiye

Acknowledgments

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Eğitim Programları ve Evrensel ve Kültürel Aktiviteler Derneği – EPEKA
Turkey
Hosting Organisation

Znanstveno-raziskovalno združenje za umetnost, kulturne in izobraževalne programe in tehnologijo EPEKA, socialno podjetje - Slovenia

EPEKA Youth Group - Armenia

Coobra - Cooperativa Braccianti - Austria

Association of Former UN Interns - Azerbaijan

Sdruženie Voleybolen Klub Teteven Volley - Bulgaria

Youth Association DRONI - Georgia

Scambieuropei - Italy

Tarptautinis Bendradarbiavimo Centras - Lithuania

Asocijacija za napredok, edukacija i lobiranje – The Former Yugoslav Republic of Macedonia

Fundacja Sempre a Frente – Poland

Voronezh Regional Public Youth Organization "Iskra" – Russian Federation

Donetsk city youth centre of arts "EkoArt" – Ukraine

This hand out is composed of the tools which were generated by the participants of "For-Ex", Erasmus+ KA1 Mobility of Youth Workers and collocated by

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Contents

For-Ex Basics _____	1
Objectives of For-Ex _____	2
TOOL 1: “Your World is My World” _____	3
TOOL 2: “The Stairs of Culture” _____	6
TOOL 3: “Turbo Boost” _____	8
TOOL 4: “Cultural Diversity Quiz” _____	10
Photos from the tools _____	12
Working Team _____	13
About the Hosting Organisation _____	14

For-Ex Basics

“Culture takes diverse forms across time and space. This diversity is embodied in the uniqueness and plurality of the identities of the groups and societies making up humankind. As a source of exchange, innovation and creativity, cultural diversity is as necessary for humankind as biodiversity is for nature. In this sense, it is the common heritage of humanity and should be recognised and affirmed for the benefit of present and future generations.”

Article 1 UNSECO Universal Declaration on Cultural Diversity.

The youth exchanges are conducted with young people from different backgrounds and different cultures in the Program countries and Partner countries. Although a friendly and democratic atmosphere is aimed to be created in the youth exchanges, there sometimes arise difficulties and misunderstandings due to the different cultural backgrounds. Thus the young people’s learning process may fall at risk. Youth leaders should have some certain competences on preventing conflicts and misunderstandings based on cultural differences.



“For-Ex”, which is abbreviation of For Exchanges is the training course to bring together the youth workers and youth leaders from the Program and Partner countries to develop their competences on working on intercultural learning process, referring and creating tools to promote mutual understandings, cultural diversity, European citizenship and active participation of the young people in the youth exchanges.

Objectives of For-Ex



33 youth leaders from Slovenia, Armenia, Azerbaijan, Austria, Bulgaria, Georgia, Italy, Lithuania, Macedonia, Poland, Russian Federation, Ukraine, and Turkey met in Sinop, Turkey between 09-15 February 2015 to make realise the following objectives:

- Reflect on participants' own cultural identity,
- Mirror the participants how the others see them,
- Address the necessity of cultural sensitivity and mutual understanding,
- Experience intercultural conflict management: discrimination and xenophobia,
- Identify and analyse common elements of intercultural competence,
- Improve the quality of the youth exchanges by drawing attention to useful tools,
- Equip participants with new skills on generating tools for intercultural learning,
- Measure the impact of the tools,
- Follow up with new youth exchanges.

TOOL 1: Your World is My World

Type of tool / session / activity:	A team building game
Topic / keywords:	Characteristics, team building, interacting, mixing the cultural identities
Aim, learning objectives, strategic objectives, expected outcomes and impact:	To teach the people to share their goods and receive it
Context:	During the TC and Youth Exchanges
Duration (in mins):	30 minutes (15 for the game, 15 for the discussion)
Target group(s) and their needs:	Youth
Number of the facilitators required, possible group sizes:	1 facilitator, 6 -20 participants
Resources/material needed:	A4 format colour papers (1 for each participants), stickers (2 colours), markers, tape, 1 flip-chart paper with an Earth image drawn on it (for the end of the game)

<p>Description step-by-step (content elements, methods, ...)</p>	<ol style="list-style-type: none"> 1. Distribute the materials to the participants 2. To explain the rules 3. To ask to draw their own planet and put their names on it 4. To write on the stickers 3 positive and 3 negative personal characteristic they have 5. Stick them on their planets 6. To ask some of them (who wants) to speak about the characteristic they have written 7. To ask the whole participants to walk around and find the negative characteristics of the others and cover one of them with their positive one 8. Then all the negative characteristics are closed with the positive ones, the facilitator asks the participants to make a circle and discuss their feelings (what do they think about the activity? What was easier for them to give or to receive? Maybe they didn't want to share or something like that ...) 9. Then the facilitator brings the prepared drawing of the Earth, stick on the flip-chart and ask the participants to stick one of his/her (good or bad) characteristics on the Big Earth image (to create one ideal planet (person)) 10. To make a circle again and tell very quickly why they have chosen that particular characteristic 11. To finish the game and to discuss the activity
<p>If applicable: questions or help for debriefing:</p>	<p>What have they learnt? What was the most difficult part in the game (giving/receiving)? What feelings did they have in the beginning and at the end of the activity? Did their attitude change towards the others and even towards themselves?</p>

Variations:	<p>If we held this activity without the Big Earth, the focus will be on the participants' personal feelings, changes of perceptions; they will understand that they are not alone.</p> <p>And with the Big Earth, we want to point that no matter which nationality you belong to, ideal characteristic of a person, of the world, is almost the same for all.</p>
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TOOL 2: The Stairs of Culture

Type of tool / session / activity:	Table game
Topic / keywords:	Table game, culture, knowledge
Aim, learning objectives, strategic objectives, expected outcomes and impact:	<ol style="list-style-type: none"> 1. Improve the knowledge of different cultures 2. Put the participants in the challenging situations. They will be able to show respect to the other cultures
Context:	Youth Exchange and Training Course
Duration (in mins):	30 minutes (5 mins explanations)
Target group(s) and their needs:	People from different countries
Number of the facilitators required, possible group sizes:	<p>2 Facilitators or more</p> <p>At least two groups</p>
Resources/material needed:	Board, figures, A, B, C, cards for answers for each team
Description step-by-step (content elements, methods, ...)	<p>Quiz questions about other countries and cultures should be prepared before this activity.</p> <p>First, divide the participants into more than 2 groups. The participants in a group should be from different countries. There are different questions about different cultures and countries. The first team who reach the 5th stair wins.</p>

if applicable: instructions provided to participants	There are 5 stairs on a flipchart. When groups answer questions correctly, they go 1 stair up and when groups don't answer correctly, they fall down 1 stair.
if applicable: questions or help for debriefing	An example question: Show how Eskimos kiss each other. Answer: 2 participants need to rub their noses. If they do it correctly, they go 1 stair up, if not, falls down.
possible pitfalls	Some people can be offended. Keep the time.
variations	Different questions, big variety of cultural questions and so on
annex: required documents (e.g. ppps, working sheet, ...)	list of questions
further resources or links	Amnesty international refugees game
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TOOL 3: Turbo Boost

Type of tool / session / activity:	Compliment Machine
Aim, learning objectives, strategic objectives, expected outcomes and impact:	To make someone feel better To learn social skills and communication to see the best in people
Context:	Things are written shouldn't be general (like nationality or gender) and negative (swearing or making fun of someone)
Duration (in mins):	20 - 30 minutes
Target group(s) and their needs:	All youth exchange participants
Resources/material needed:	Post-its, pens, pot, attention
Description step-by-step (content elements, methods, ...)	<ul style="list-style-type: none"> - Presenting one person - Everyone writes the best about her/him that he/she can think of. - Anonymous - Will be put in a pot and then be presented to the person
if applicable: instructions provided to participants	<ul style="list-style-type: none"> - Compliments should be addressed directly by looking into the eyes - The speciality of the person should be come out.

possible pitfalls	Time!
variations	Improvisations
additional remarks (eg feedback from experience, best practice)	You can play it in the beginning or in the end
annex: required documents (e.g ppps, working sheet, ...)	Paper, pen, pot
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TOOL 4: Cultural Diversity Quiz

Type of tool / session / activity:	Quiz
topic / keywords	Facts about other countries
Aim, learning objectives, strategic objectives, expected outcomes and impact:	To check the participants' knowledge about other cultures
Context:	Each group will get the lists of facts about some countries and some of them are false. The participants have to guess which of them are true.
Duration (in mins):	30 minutes
Target group(s) and their needs:	Youth workers / volunteers
Resources/material needed:	Flipcharts, sheet of papers, pencils
Description step-by-step (content elements, methods, ...)	<ul style="list-style-type: none"> - Create the groups - Spread the materials (the culture flipcharts with 10 statements from different countries). - Discussions in groups - Performing the results of each group - Counting the points - Evaluation
if applicable: questions or help for debriefing	<ul style="list-style-type: none"> - Was it easy? - Did you get new information? - Was it easy to cooperate?

possible pitfalls	<ul style="list-style-type: none"> - Lack of cooperation - Lack of knowledge about other cultures - Existence of strong stereotypes
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Photos from the Tools

TOOL 1: Your World is My World



TOOL 2: The Stairs of Culture



TOOL 3: Turbo Boost



TOOL 4: Cultural Diversity Quiz



Working Team

This mobility was organized in the context of Non-Formal Education. This means that we had an active, participatory and non-academic approach.

In the training course, the trainers:



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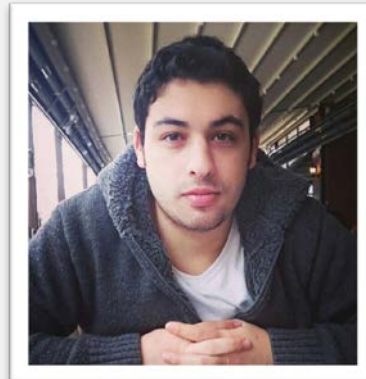


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About the Hosting Organisation



Eğitim Programları ve Evrensel ve Kültürel Aktiviteler Derneği – EPEKA is a non-profit NGO, located in Sinop, Turkey. It is the sister organisation of EPEKA Slovenia, EPEKA Austria and EPEKA Armenia Youth Group.

We are active on the field of contemporary art, ICT, non-formal education, science, ecology, recycling, entrepreneurship, handicrafts, sea sports, disability, English courses, youth programs, adult education, student exchanges and volunteering, especially in EU programs.



We are an accredited organization to host and send volunteers by cooperating with the other accredited organizations from all over the world under the European Voluntary Service. We host and send volunteers in the EVS program.

<http://epeka.org.tr/en/> - epeka.tr@hotmail.com

